



The Hagedorn Little Village School
 Jack Joel Center for Special Children
 750 Hicksville Road
 Seaford, New York 11783

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2014



**Sleepy Hollow
 5K Charity Run**



**The Hagedorn
 Little Village School**
Jack Joel Center for Special Children

Sunday, October 26, 2014
 9:30 am

Brady Park—Lake Shore Drive
 Massapequa Park, New York
www.littlevillage.org



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DATE & TIME

Sunday, October 26, 2014

**Kids Fun Run 9:00 am
5K Runners Start 9:30 am
5K Walkers Start 9:35 am**

REGISTRATION

Entries received by September 27, 2014 for the 5K - \$18
Entries received by October 25, 2014 for the 5K - \$20

50% discount for 5K entrants under 17
(through October 11, 2014)

Age 70 and over - FREE (through October 11, 2014)

Late Registration/Day of Race 5K \$25 for ALL Runners/Walkers
Commemorative T-shirts to first 500 5K entrants

Kids Fun Run - \$5
All Fun Run finishers receive a prize.

5K AWARDS

- Overall - 1st Male/1st Female
 - Age Groups - Top 3 Male/Female, 14 and under 5 year age groups through 85+
 - Overall Male and Female winners.....\$100
 - Overall Male and Female Masters (40 and over).\$50
 - Bonus if overall Male or Female winner breaks new course record.....\$100
- Existing Records:
Male: Mike Nehr 15:15 2004
Female: Leonora Petrina 16:42 2009

COURSE

Scenic, cross country course around the lakes in the Massapequa Preserve.

DIRECTIONS

From Massapequa Park LIRR Station at Sunrise Highway and Park Boulevard proceed north under trestle, make left onto Front Street. Go 4 blocks to Brady Park. Park on side streets and municipal lots. No parking on Lake Shore Drive or the church parking lot.

COURSE TIMING AND RESULTS

Finish Line Technicians, Inc. www.FLRRT.com
Dennis Boyd - (631) 801-2043 / siamezzze@aol.com

RACE DIRECTORS

Greg Carman - office (516) 370-5511, fax (516) 249-3782
GWCarman@CarmanLaw.com
Jen Apostol (516) 605-5210
Dave & Kristin Frazer (516) 749-3144

MAIL ENTRIES PAYABLE TO

The Hagedorn Little Village School
750 Hicksville Rd.
Seaford, N.Y. 11783

CHECK IN

Saturday, October 25th, Noon - 5pm at the
Runner's Edge, 242 Main Street, Farmingdale
or
Sunday (day of race), October 26th, 7:00 am - 9:00 am at
Brady Park

WHY YOU SHOULD PARTICIPATE

The Hagedorn Little Village School, Jack Joel Center for Special Children, in Seaford provides therapeutic and educational services for children with special needs in our community. The quality of care and dedication this fine school offers is first rate and is provided at no cost to the families of children with disabilities.

All proceeds raised by the Sleepy Hollow 5K Charity Run/Walk are donated to this wonderful program which has been serving the needs of thousands of families in Nassau and Suffolk Counties for over 40 years.



REGISTRATION

Participant First Name _____
 Participant Last Name _____
 Age (on race date) _____ Date of Birth: ____/____/____ Please circle: Male Female
 Address _____
 Town _____ State _____ Zip _____
 Phone Number: _____
 Email Address: _____
 Timed Runner/Walker [] Untimed Walker [] Fun Run []
 Entry Fee: \$ _____
 Additional Contribution: \$ _____ Sponsoring: _____

Register online at
www.active.com

I the undersigned, intending to be legally bound for myself, my heirs, executors and administrators, hereby waive, release, and hold harmless, THE HAGEDORN LITTLE VILLAGE SCHOOL, JACK JOEL CENTER FOR SPECIAL CHILDREN, THE INCORPORATED VILLAGE OF MASSAPEQUA PARK, FINISH LINE ROAD RACE TECHNICIANS INC, the COUNTY OF NASSAU, all race sponsors and their representatives, successors, and assigns, for any and all liabilities, claims, damages and causes of action whatsoever arising directly or indirectly from my participation in this event, even if any such liabilities, claims, demands, and causes of action arise in whole or in part out of the negligence of any of the above mentioned organizations or individuals. I attest and verify I am physically fit and have sufficiently trained for the completion of this event, and that my physical condition has been verified by a licensed Medical Doctor. If signed by a parent, the parent agrees to release and hold the above named organizations and personnel harmless of any claims and rights which may be asserted on behalf of the entrant. Further, I hereby grant permission to any and all of the foregoing to use photographs, videotapes, motion pictures, recordings, or any other record of this event for any purpose whatever.

Signature: _____
If under 18 years old, signature of parent or guardian: _____